



BOONE CENTRAL

Mid State Conference Track Championships

Saturday, April 27th, 2024

Field Events 10:00 am – Running Events 1:00 pm

Boone Central Track and Field Complex

Teams: Battle Creek, Boone Central, Crofton, Guardian Angels Central Catholic,, Hartington Cedar Catholic, Norfolk Catholic, O'Neill, Pierce, Wayne,

Meet Director:	Jon Perone	Head Coach:	Susan Roberts
Starter	Jeff Bellar	Referee:	Todd Kramer
Clerk of the Start:	Tom Dickey, Ethan Larsen	Jury of Appeals:	Dale Hochstein, Gary Shada,, Josh Batenhorst

Times: **9:15 am** *Coaches Meeting in North Shed*
 10:00 am *Field Events Start*
 1:00 pm *Running Events Start*

Entries will be entered through the Bound Website. If you already have an account, log in at <https://gobound.com/ne/> by clicking sign in and then selecting school. Go to your program then meet entries to enter your athletes.

There will be no meet website link

Registration opens 4/15 at 8:00 am and closes on 4/26 at 12:00 pm

If you have not registered, please contact to get signed up. Follow the links for further instructions on creating your roster:

Managing your Team's roster: <https://intercom.help/boundhq/en/articles/6515780-managing-your-team-s-roster>

Signing up for the Meet: <https://intercom.help/boundhq/en/articles/6027605-how-to-submit-meet-entries>

The Meet Program will be made available on Friday April 26th

Live Results Link: <https://live.athletic.net/meets/34605>

FAT System: We will be using the Finishlynx FAT system to time this event. Please have Hip numbers in the correct position for each race.

Adds and Scratches: ***Please email any Scratch/Add or changes before 7:30 am on April 27th**
 ***Any late changes are due upon arrival in North Shed by PRIOR to 9:15 am on April 27th**

Scoring: All district meets will be scored on a six-place basis; places to count 10, 8, 6, 4, 2, and 1.

Awards: Medals will be awarded to the first six places in all events and plaques to the first and second place teams for girls and boys. All medals and printed results will be available at the conclusion of the meet. Coaches may pick up the packets in front of the pressbox.

Equipment: **Spikes:** Athletes may wear spikes up to ¼".

- Bus Parking:** *Please see Facility Map* School busses and vans of teams will park on First Street and on Park Street, which is the west and north sides of the Track Complex. Personnel will be available to assist in parking teams upon arrival.
- Team Camps:** Outside the track fence and to the west of the track either in the grass right behind the bleachers to the sidewalk or to the west of the concessions stand along the south fence. No team camps will be allowed in or near the track oval, on the south bank of the track or in the bleachers.
- Housekeeping:** Everyone is asked to throw away their trash in the provided receptacles. Additionally at the conclusion of the meet, all schools are asked to “police” their team camp area and around their buses. Coaches are asked to make a final walk-through before departing, we thank you in advance for the cooperation of the schools and their students!
- Inclement Weather:** If a situation would arise where we would need to take shelter due to inclement weather, all teams and fans would be asked to load their vehicles. We will then assess and move to Boone Central Schools at 5th and Columbia as needed. Directions: From where the bus is parked travel north to Columbia Street. Then turn left onto Columbia which will take you to the front door of the high school. Unload and we will have staff there to direct you.
- AT Services:** Training services will be provided by Boone Central Schools in conjunction with with the Boone County Health Center. Water stations will be available as needed.
- Coaches Meal:** A meal will be provided for coaches and workers. Pick up a ticket at the coaches meeting. Coaches may go to the North Window at the concession stand and present their ticket to get their meal between 3:00-5:00 pm
- Admission:** **Adults \$6.00, Students \$4.00**
No passes will be accepted.

Mid State Conference Track & Field Meet

Saturday - April 27, 2024

Boone Central Athletic Complex

**Boone Central, Battle Creek, Crofton, Guardian Angel Central Catholic,
Cedar Catholic, Norfolk Catholic, O'Neill, Pierce, & Wayne**

FIELD EVENTS: 10:00 am Start

Top eight advance to finals, which immediately follow prelims

Shot Put:	Boys followed by Girls
Discus:	Girls followed by Boys
High Jump:	Girls followed by Boys
Boys Jumps:	Boys Long Jump followed by Boys Triple Jump
Girls Jumps:	Girls Long Jump followed by Girls Triple Jump
Pole Vault:	Boys followed by Girls

RUNNING EVENTS: 1:00 pm Start

Heat winners and next fastest times advance to finals

Order of Competition: Girls followed by boys

3200 Relay--	finals
100/110 Hurdles--	prelims Girls 100 followed by Boys 110 Highs
100 meter dash--	prelims
400 meter dash--	finals
3200 meter run--	finals
200 meter dash--	prelims

BREAK (minimum 15 minutes)

FINALS: Start: Following track Prelims

Order of Competition: Girls followed by Boys

100 Hurdles
110 High Hurdles
100 meter dash
800 meter run
300 low/int Hurdles
200 meter dash
1600 meter run
400 meter Relay
1600 meter Relay